

Abundance Intelligence® Snapshot

Name: _____

Date: _____

For each question, score yourself according to the answer which best describes you. Do not spend a lot of time thinking about any one question. Go with your gut reaction. Write your answers in the My Score column.

| Assessment Statement | My Score rarely = 1 sometimes = 2 frequently = 3 | Save This Area for Interpretation |
|--|--|--|
| 1. I can never get enough of a good thing. | | |
| 2. Lately, I think people just don't "get" me. | | |
| 3. I tend to wait until I know what's going to happen. | | |
| 4. I tend to focus on what other people have and what they are doing. | | |
| 5. When someone says something about me, I often take it to heart. | | |
| 6. I like to stay busy all the time. | | |
| 7. When someone gives me a compliment, I feel uncomfortable or don't believe them. | | |
| 8. I don't feel like I've earned something unless I've worked really hard. | | |
| 9. I often do more than I have to, because I like how it makes me feel. | | |
| 10. Having lots of deadlines makes me perform better. | | |
| 11. I like to latch onto people, routines, or ideas. | | |
| 12. I am the king/queen of multi-tasking. | | |
| 13. I expect people to treat me a certain way and when they don't I get upset. | | |
| 14. Getting what you want has a lot to do with luck. | | |
| 15. X=Y | | |
| 16. I like to know people need me. | | |
| 17. I get frustrated when people don't do what I think they should do. | | |
| 18. If something good happens to me, I often wait for something bad to happen. | | |
| 19. Change is difficult for me—I'd be happy if things would just even out. | | |
| 20. I love to plan what I'm doing down to the littlest details. | | |
| 21. There's always a way I could have done something better. | | |

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1. Answer each statement *authentically*:
 - a. Go with your gut
 - b. Answer as to how you *respond*, not how you *think* you should respond
2. Write a 1, 2, or 3 in the My Score column:
 - a. Score a 1 if the statement is rarely true for you
 - b. Score a 2 if the statement is sometimes true for you
 - c. Score a 3 if the statement is frequently true for you
3. Total the sum of every 3 statements
 - a. Put the total in the “Save this area for interpretation” column
 - b. For example, if you scored a 1 in each of the first 3 statements, the sum total for statements 1-3 would be 3
4. Attend a free “Maximizing Your Abundance Intelligence” webinar
 - a. Check the events listings at www.CoachingIntoGreatness.com for the next webinar
 - b. Join Kim George in this open forum where you will learn:
 - i. What your results mean
 - ii. How scarcity may be impacting your performance and happiness
 - iii. 2 powerful questions that tells you when something is a source of scarcity in your life
 - c. Bring your Snapshot results to the call!
5. Visit www.CoachingIntoGreatness.com to access other resources and program offerings to help you explore your Abundance Intelligence®